

SAVVY AGING RESOURCES SEMINAR OFFERED AT HOPE

If you missed the SAVVY AGING RESOURCES seminar in central and south Citrus County, it will be offered in the most northern part of our county. Join us for this extremely informative workshop sponsored by the YMCA at *Hope Lutheran Church in Citrus Springs* on May 1, 8, 15, and 22, 2018 from 10:30 am to noon. Topics range from healthy living, fall prevention and aging in your own home to how to get the most out of your doctor's visit and organizing your financial life. The workshop is free and provides participants with a wealth of hand-outs to take home. The church is located on 9425 N. Citrus Springs Blvd, Citrus Springs. For information call 352 489-5511 between 9am and 2pm Monday-Friday or check our website: hopelutheranelca.com